

# Destiny

SMALL GROUP STUDY | Doubt

Every Christian will at one time or another face doubts. These doubts can be minor and temporary, but at times they may feel like they might overwhelm us. In Psalm 73, we see the author's journey from having major doubts to again robustly trusting God. This study seeks to learn from his experiences and wisdom.

## READ | What does the Bible say?

### Read Psalm 73

## REFLECT | What does the Bible mean?

Q1. Philip Yancey said:

*"Doubt...is something that the church does not always handle well. I'm...impressed that the Bible includes so many examples of doubt. Evidently God has more tolerance of doubt than most churches."*

Do you think this is true, and what can we learn from this statement?

Q2. a. In Psalm 73:2, we see the author's honesty come through. What was he saying do you think?  
b. Verses 3-14 give the reasons for the Psalmist's doubts. What were they in your own words?  
c. Have you ever faced similar struggles and doubts? If so, how did you deal with them?

Q3. Based on what he wrote, how do you think the Psalmist

dealt with his doubts? What was it that brought him through them?

Q4. Verse 17 seems to be the turning point in the Psalm. What does he do in this verse and how does that changes things?  
Q5. What do you think the significance of verses 23-24 is? What other factors help bring us through doubts according to these verses?

## RESPOND | What do I need to do now?

Q6. Almost always, doubts aren't purely intellectual. We normally face doubts when we *experience* things that rock our faith. It follows then, that if we don't get into doubt through intellect alone, we shouldn't attempt to get out of it by simply reasoning and thinking things through. Experiencing God is a sure way of dispelling doubts (NB verses 17, 23, 24, 28). When we face doubts, what positive ways should we be seeking to experience God in our lives?

### Suggested memory verse(s):

**But as for me, it is good to be near God. I have made the Sovereign Lord my refuge; I will tell of all your deeds.  
(Psalm 73:28 NIV)**